بسم الله الرحمن الرحيم

100 Established Authentic Sunan

Contents

Sunan an-Nawm (Sleep)

1. **Sleeping on Wudoo`**. The Prophet, *sallallahu 'alayhi wa salam* told al-Baraa` bin 'Aazib, *radiallahu 'anh*, If you go to your bed, then do your wudoo` (ablution) as you would do it for prayer, then lie on your right" [Agreed upon, No. 6311.]

2. **Reading Soorat al-Ikhlaas, al-Falaq and an-Naas before sleeping**: From 'Aishah *radiallahu 'anha*, the Messenger, *sallallahu 'alayhi wa salam* used to recite *"Qul huwallahu ahad"*, *"Qul a'oothu birrabilfalaq"* and *"Qul a'oothu birrabinnaas"* every night when he went to sleep, then wiped his face and whatever he was able from his body, beginning with his head and face, and what faces him from his body, three times". [al-Bukhaari: 5017]

3. **Doing takbeer and tasbeeh when going to sleep**: 'Ali, *radiallahu 'anh* narrates that the Messenger of Allah, *sallallahu 'alayhi wa salam* said when Faatimah asked him for a servant, "Shall I not lead you to that which is better for you than a servant? If you go to your mattresses, or rest to sleep, then say *Allahu Akbar* thirty-four times, and say *subhaan Allah* thirty-three times, and say *alhamdulilah* thirty-three times, for they are better for you than having a servant" [Agreed upon: 6318 & 6915]

4. **Supplicating when awoken from sleep:** 'Ubaadah bin as-Saamit, *radiallahu 'anh* narrates that the Prophet, *sallallahu 'alayhi wa salam* said: "Anyone awoken in the night and says: *Laa ilaha illa Allah, wahdatu laa shareeka lah, lahul-mulku walahul hamd, wa huwa 'ala kulli shay`in qadeer, alhamdulilah was-subhaan Allah, wallahu akbar, wa laa hawla wa laa quwata illa billah*, then said, *Allahumma aghfirli* or invoked Allah, he will be answered, and if he does ablution and prays, his prayer will be accepted" [al-Bukhaari: 1154]

5. **Supplicating once awake** with the following supplication: *Alhamdulilah alathee ahyaanaa ba'da maa amatana, wa ilayhin-nushoor* (Praise be to Allah Who granted us life after death, and to Him we will be ressurected) [al-Bukhaari, 6312, from Huthayfah bin al-Yamaan, *radiallahu 'anh*]

Sunan of Ablution and Salah

6. **Rinse water and sniff in one go**: 'Abdullah bin Zayd, *radiallahu 'anh* narrates that the Messenger of Allah, *sallallahu 'alayhi wa salam* said: "Rinse water in your mouth, and sniff it with one hand (in one go)" [Muslim:555]

7. **Ablution before Ghusl**: 'Aishah, *radiallahu 'anha* narrates that the Prophet of Allah, *sallallahu 'alayhi wa salam*: "Used to, if he wishes to wash from *janaabah* (complete impurity), began by washing his hands, then would do ablution as he would for *salah*, then he would enter his fingers into the water, and would touch the roots of his hair with it, then would pour (water) over his head with his palms, and then would let water cover his entire body" [al-Bukhaari: 248]

8. **Tashahhud after ablution**: 'Umar bin al-Khattaab, *radiallahu 'anh* said: The Messenger of Allah, *sallallahu 'alayhi wa salam* said: "None of you perfects his ablution, then says: *Ashhadu al-Laa ilaha illa Allah, wa anna Muhammadan 'abduhu warasooluh*, except that the eight gates of paradise open for him, and for him is to enter it from wherever he wants" [Muslim: 553]

9. **Being economical with water**: Anas, *radiallahu 'anh* said: "The Prophet, *sallallahu 'alayhi wa salam* used to wash with a *saa'** to five *amdaad*, and would do ablution with a *mudd*" [Agreed upon: 201 & 737]

(*): A *saa'* is equivalent to four *mudd*s. A mudd is a handful using two hands cupped together, of an average-sized man.

10. **Two ruk'ah prayer after ablution:** The Messenger of Allah, *sallallahu 'alayhi wa salam* said: "Whosoever performs ablution like that of mine, then prays two *ruk'ah* without having any other concern on his mind, all of his past sins will be forgiven." [Agreed upon: 159 & 539]

11. **Repeating the words of the adhan after the mu'adhdhin then supplicating for the Prophet (salla Allaahu 'alayhi wa sallam):** It is narrated on the authority of 'Abdullah ibn 'Amr (may Allah be pleased with him) that he heard the Prophet *sallallahu 'alayhi wa salam* say: "When you hear the mu'adhdhin (caller to prayer) make the adhaan, then say what he says, and then supplicate for me, for whoever supplicates for me once, then Allah will do so for him ten times." [Muslim : 849]

*N.B. The dua to be made after the adhaan is:

اللَّهُمَّ رَبَّ هَذِهِ الدَّعْوَةِ التَّامَّةِ
وَالصَّلاةِ الْقَائِمَةِ آتِ مُحَمَّداً الْوَسِيلَةَ
وَالْفَضِيلَةَ وَابْعَثْهُ مَقَاماً مَحْمُوداً الَّذِي
وَعَدْتَهُ ، إِنَّكَ لاَ تُخْلِفُ الْمِيعَادِ.

'O Allaah, Owner of this perfect call and Owner of this prayer to be performed, bestow upon Muhammad *al-waseelah* and *al-fadeelah* and send him upon a praised platform which You have promised him. Verily, You never fail in Your promise.'

12. **Frequent use of the siwaak (tooth stick):** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: "If it weren't for causing difficulty for my nation, I would have ordered the use of the *siwaak* at every prayer" [Agreed upon : 887/ 589]

13. **Going early to the Masjid:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: "Were the people to know [the reward] of going to the masjid early, they would race for it..." [Agreed upon 981/615]

14. **Walking to the masjid:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said:"Shall I direct you to that by which Allaah erases [peoples'] sins and raises them in rank?" [The people] replied, "Yes, O Messenger of Allaah." He *sallallahu 'alayhi wa salam* said: "Performing the ablution thoroughly despite odds, frequently walking to the masjid, and waiting for the prayers from one to the next, and this is a *Ribat* [1] for you." [Muslim: 587]

    [1] *Ribat*: Guarding the frontlines of the Muslims, the reward for which is very great. So in this context, the Prophet *sallallahu 'alayhi wa salam* is saying that the reward for these things is very great.

15. **Going to the prayer with dignity and tranquility:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: "When the Iqama is pronounced for prayer, do not go to it running but go walking with [calmness and] tranquillity. Pray however much [of the prayer] you are in time for, and make up whatever you miss." [Agreed Upon: 1359-908]

16. **Making dua'a upon entering and leaving the masjid:** It is narrated on the authority of Abu Humayd al-Saa'idee and Abu Usayd (may Allah be pleased with them both) that the Prophet *sallallahu 'alayhi wa salam* said: "When any of you enters the masjid, he should say, *'O Allah, open the gates of Your Mercy for me,'* [1] and when he leaves he should say, *'O Allah, I ask you from Your Favour.* [2]" [Muslim : 1952]

    [1]
    اللهُمَّ افْتَحْ لِي أَبْوابَ رَحْمَتِكَ

    [2]
    اللهُمَّ إنّي أَسْأَلُكَ مِنْ فَضْلِكَ

17. **Praying behind a sutra [barrier]:** It is narrated on the authority of Musa ibn Talhah on the authority of his father who said: the Prophet *sallallahu 'alayhi wa salam* said: "If any of you places something in front of him, [at least] equal [in height] to the back of a saddle, he should pray without caring who passes [in front of him] on the other side of it." [Muslim:1111]

    Note: A *sutrah* can be anything a person puts in front of himself while he is praying, such as a wall, or a long stick, and the such.

    The back of a saddle is approximately two thirds of a cubit in height [so the sutrah should be at least the same length].

18. **Sitting in al-iq3aa' between the two prostrations:** It is narrated on the authority of Abu Zubayr that he heard Tawus say: We asked Ibn 'Abbas about *al-iq3aa'* [1]. He said: "It is sunnah." We said to him: "We find it hard upon the feet." Ibn 'Abbas said: "It is the sunnah of your Prophet *sallallahu 'alayhi wa salam*." [Muslim: 1198]

    [1] *al-iq3aa'* is to prop up the two feet and sit on the heels. It is done when sitting between two *sajdahs* (prostrations).

19. **Sitting in the tawarruk [1] position in the second tashahhud:** It is narrated on the authority of Abu Humayd al-Sa'di (may Allah be pleased with him) who said: "When the Prophet *sallallahu 'alayhi wa salam* sat in the last rak'ah he would push his left foot forward, prop up his right foot, and sit on his buttock." [al-Bukhari:828]

    [1] *al-tawarruk* is to rest the body, while sitting, on the left thigh; put the the left foot under the right leg, while setting the right foot upright; and support the body by grasping the left knee with the left hand.

20. **Making lots of supplication before ending the prayer with 'as-salaamu 'alaykum wa rahmatullaah':** It is narrated on the authority of 'Abd-Allah ibn 'Umar (may Allah be pleased with them) who said: "We used to when we were with the Prophet *sallallahu 'alayhi wa salam* ...he said, 'Then let him be free to choose whatever supplication impresses him and supplicate with it.'" [al-Bukhari:835]

21. **Performing the Sunan and regular non-obligatory prayers (rawaatib):** It is narrated on the authority of Umm Habeeba (may Allah be pleased with her) that she said: "I heard the Messenger of Allah *sallallahu 'alayhi wa salam* say '**There is no Muslim slave who prays twelve units of voluntary prayer besides the obligatory ones to Allah every day except that Allah builds for him a house in paradise**'" [Muslim:835]

    They are: two before *fajr* (dawn) prayers; four before *zuhr* (afternoon) prayers and

two afterwards; two after *maghrib* (evening) prayer and two after *ishaa`* (night) prayers.

22. **The Forenoon Prayer (Salaat al-Duhaa)*:*** It is narrated on the authority of Abu Dharr (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said **"Every morning charity is due for every one of your joints: every *tasbeeh* (i.e. saying *subhaanallaah*) is charity; every *tahmeed* (i.e. saying *al-hamdu-lillaah*) is charity; every *tahleel* (i.e. saying *laa ilaaha illallaah*) is charity; every *takbeer* (i.e. saying *Allaahu akbar*) is charity; every act of enjoining good is charity and every act of prohibiting evil is charity; and doing two units of prayer in the forenoon suffices all that."** [Muslim:1671]

23. **The Night Prayer (Qiyaam al-layl)*:*** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* was asked what the best prayer is after the obligatory ones. He said: **"The best prayer after the obligatory prayers is the prayer in the middle of the night."** [Muslim: 2756]

24. **The Witr ('odd') Prayer*:*** It is narrated on the authority of Ibn 'Umar (may Allah be pleased with them both) that the Prophet *sallallahu 'alayhi wa salam* said: **"Make your last prayer at night an odd number"** [Muslim: 998-1755]

25. **Praying in shoes when pure*:*** Anas ibn Maalik (may Allah be pleased with him) was asked, "Did the Prophet *sallallahu 'alayhi wa salam* pray in his shoes? He said, "Yes." [al-Bukhari: 386]

26. **Praying in Masjid al-Qubaa`*:*** It is narrated on the authority of Ibn 'Umar (may Allah be pleased with them both) that the Prophet *sallallahu 'alayhi wa salam* used to go to Qubaa` riding and and by foot. Ibn Numayr added: 'Ubaydullaah narrated to us on the authority of Naafi', "And he prayed two units of prayer there" [Agreed upon: 1194-3390]

27. **Performing voluntary prayers in one's house*:*** It is narrated on the authority of Jaabir (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"If one of you has finished the prayer in his mosque, let him make a portion of his prayers for his home, as Allah will certainly put goodness in his home from his prayer."** [Muslim: 1822]

28. **Prayer for divine guidance (Istikhaara)*:*** It is narrated on the authority of Jaabir bin 'Abd-Allaah (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* used to teach us *istikhaara* like he used to teach us a chapter from the Quran" [Bukhari: 1162]

29. **Sitting in prayer area after dawn prayers (fajr) until the sun rises*:*** It is narrated on the authority of Jaabir bin Samra (may Allah be pleased with him) that he said the Prophet *sallallahu 'alayhi wa salam* used to sit in his prayer area when he prayed *fajr* until the sun had rose well [Muslim: 1526]

30. **Bathing on the day of Jumuah*:*** It is narrated on the authority of Ibn 'Umar (may Allah be pleased with him and his father) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"If one of you comes to Jumuah, let him have a bath."** [Agreed upon: 1951 & 977]

31. **Going early to Jumuah prayer*:*** It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"When Friday comes, at each door of the mosque there are angels who write down the first ones to come to the mosque. The one who**

comes early is like who sacrificed a camel, then those who come after him are like one who sacrificed a cow, then one who sacrificed a horned ram, then one who sacrificed a chicken, then like one who offered an egg. Then when the imaam sits down they close their books and come to listen to the sermon." [Agreed upon: 929 & 1964]

32. Seeking the hour of having one's prayer answered on Jumuah day: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that the day of Jumuah was mentioned and the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"On this day there is a time when no Muslim stands and prays, asking Allaah for something, but Allaah will grant him it" – and he gestured with his hands to indicate how short that time is.** [Agreed upon: 935 & 1969]

33. Going to the Eed prayer by one path and returning by another: It is narrated on the authority of Jaabir (may Allah be pleased with him) that he said: "The Messenger of Allah *sallallahu 'alayhi wa salam* on Eed day used to differ paths" [al-Bukhari: 986]

34. Funeral prayers (janaaza): It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whoever attends a funeral until the prayer is offered has a *qeeraat*, and whoever attends it until it is buried will have two *qeeraat*s."** It was asked: "What are the two *qeeraat*s?" He said, **"Like two mountains."** [Muslim 2189]

35. Visiting graveyards: It is narrated on the authority of Buraydah (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"I used to prohibit you from visiting graves, so visit them now..."** [Muslim 2260]

Sunan an-Sawn (Fasting)

36. Pre-dawn meal (suhoor): It is narrated on the authority of Anas (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Have the pre-dawn meal. Verily in the pre-dawn meal is blessing"** [Agreed upon: 2549 & 1923]

37. Hastening the breaking of the fast when the sun has set: It is narrated on the authority of Sahl bin Sa'd (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"The people will continue to be fine so long as they hasten to break the fast."** [Agreed upon: 2554 & 1957]

38. Standing for night prayer during Ramadhan: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whoever watches the night in prayer in Ramadhan with faith and expectancy, will be forgiven all his previous wrong actions."** [Agreed upon: 1779 & 37]

39. Staying in `itikaaf during the last ten days of Ramadhan: It is narrated on the authority of Ibn 'Umar (may Allah be pleased with him) who said: **The Messenger of Allah** *sallallahu 'alayhi wa salam* **used to practise Itikaf in the last ten days of the month of Ramadan.** [Bukhari: 2025]

40. Fasting for six days in the month of Shawwal: It is narrated on the authority of Abu Ayoub al-Ansari (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"He that observed fasting in Ramadan**

then he follows it with six days of Shawwal, this is equal to the fasting of the whole life." [Bukhari: 2758]

41. **Observing fast for three days every month:** It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) who said: **My friend (the Messenger of Allah *sallallahu 'alayhi wa salam*) directed me to observe fast for three days in every month, to perform two Rak`ah (optional) Duha prayer at forenoon and to perform the Witr prayer before going to bed.** [Agreed upon: 1672 & 1178]

42. **Observing fast on the day of Arafah:** It is narrated on the authority of Abu Qatadah (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Fasting on the day of 'Arafah is an expiation for two years, the year preceding it and the year following it."** [Muslim: 3746]

43. **Observing fast on the day of Ashurah:** It is narrated on the authority of Abu Qatadah (may Allah be pleased with him) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Fasting the day of 'Ashurah is an expiation for the year preceding it."** [Muslim: 3746]

Sunan as-Safar (Travelling)

44. **Appointing a leader when travelling:** It is narrated on the authority of Abu Saeed and Abu Hurayra (may Allah be pleased with then) who said that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"When three men travel together, they should make one of them their leader."** [Abu Dawood: 2608]

45. **Saying 'Allaahu akbar' (Allah is Great) when ascending and saying 'Subhaanallaah' (Glory be to Allah) when descending:** It is narrated on the authority of Jaabir (may Allah be pleased with him) who said: "We used to say *Allaahu akbar* when we ascended and we said *subhaanallaah* when descending" [Bukhari 2994]

46. **Supplication for stopover:** It is narrated on the authority of Khawlah bint Hakeem (may Allah be pleased with her) who said: I heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"Whoever stops over somewhere and says, 'I seek refuge in the perfect words of Allah from the evil of what He created,' nothing will harm him until he sets off from that stopover of his."**[Muslim: 6878]

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ
مَا خَلَقَ.

47. **Stopping first at the mosque when returning from a journey:** It is narrated on the authority of Ka'b bin Maalik (may Allah be pleased with then) who said that the Prophet *sallallahu 'alayhi wa salam* used to stop first at the mosque and pray there when he returned from a journey.[Agreed upon: 443 & 1659]

Sunan of Clothing and Eating

48. **Supplication upon wearing new clothes:** It is narrated on the authority of Abu Saeed al-Khudree (may Allah be pleased with him) who said that when the Messenger of Allah *sallallahu 'alayhi wa salam* used to wear new clothing, he would name it by its name either *qamees* (shirt) or *'imaamah* (turban) then say: **"O Allah for you is**

praise! You clothed me it and I ask you for its good and the for what it was made for. And I seek refuge in you from its evil and the evil of what it has been created for" [Abu Dawood: 4020]

اللَّهُمَّ لَكَ الْحَمْدُ أَنْتَ كَسَوْتَنِيهِ
أَسْأَلُكَ مِنْ خَيْرِهِ وَخَيْرِ مَا صُنِعَ لَهُ،
وأَعُوذُ بِكَ مِنْ شَرِّهِ وَشَرِّ مَا صُنِعَ
لَهُ.

49. **Starting wearing the shoe with the right:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) who said that when the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"If one of you puts on shoes, let him begin with the right. And when he takes it off, let him begin with the left. And let him put them both on or let him take them off both."** [Agreed upon: 5495 & 5855]

50. **Saying 'bismillaah' at the start of eating:** It is narrated on the authority of Abu Salamah (may Allah be pleased with him) I was in the room of the Messenger of Allah *sallallahu 'alayhi wa salam* and my hand was flying around the plate. So he said to me: **"O young man, mention the name of Allah, eat with your right and eat what is nearest to you."** [Agreed upon: 5376 & 5269]

51. **Praising Allah after eating and drinking:** It is narrated on the authority of Anas bin Maalik (may Allah be pleased with him) who said the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Indeed Allah is pleased with the slave who eats food and then praises Him for it or drinks a drink and then praises Him for it."** [Muslim 6932]

52. **Sitting when drinking:** It is narrated on the authority of Anas (may Allah be pleased with him) who said the Prophet *sallallahu 'alayhi wa salam* prohibited a man drinking whilst standing. [Muslim 5275]

53. **Rinsing one's mouth after consuming milk:** It is narrated on the authority of 'Abbaas (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* drank milk and then rinsed his mouth. He said: **"It contains fat."** [Agreed upon 5609 & 798]

54. **Not criticising food:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* did not ever criticise food. If he liked it, he ate it and if he disliked it, he left it. [Agreed upon 5380 & 5409]

55. **Eating with three fingers:** It is narrated on the authority of Ka'b bin Maal (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* used to eat with three fingers and lick his hand before wiping it. [Muslim 5297]

56. **Drinking Zamzam water and using it as a cure:** It is narrated on the authority of Abu Dharr (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* said about Zamzam water: **"It is blessed and a food that nourishes"** al-Ṯayaalisee adds, **"And a cure for sickness."** [Muslim 6359]

57. **Eating on Eed al-Fitr before going to the prayer area:** It is narrated on the authority of Anas bin Maalik (may Allah be pleased with him) that he said the Messenger of Allah *sallallahu 'alayhi wa salam* did not proceed on the day of al-Fitr until he had eaten some dates. And in another narration: He used to eat an odd number. [al-Bukhari: 953]

Remembrance and Supplication

58. **Reading the Quran frequently:** It is narrated on the authority of Abu Amaama al-Baahilee (may Allah be pleased with him) who said: I heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"Read the Quran, as it will come on the day of resurrection as an intercessor for its devotees."** [Muslim: 1874]

59. **Beautifying one's voice in the recitation of the Quran:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"Allah does not listen to a prophet as He listens to a prophet who recites the Qur'an in a loud and pleasant tone."** [Agreed upon: 5024 & 1847]

60. **Always remembering Allah:** It is narrated on the authority of 'Aa`ishah (may Allah be pleased with her) that she said the Messenger of Allah *sallallahu 'alayhi wa salam* would remember Allah at all times. [Muslim: 826]

61. **Glorification:** It is narrated on the authority of Juwayriyya (may Allah be pleased with her) that the Messenger of Allah *sallallahu 'alayhi wa salam* left her company one morning when he had prayed the dawn prayers and she was in the mosque. Then he returned after the sun had risen whilst she was still sitting, and said: **"Have you been like this since I left you?"** She said, "Yes." The Prophet *sallallahu 'alayhi wa salam* said, **"I have said four utterances after you three times that should they be weighed with what you have said since daytime they would outweigh them:**

سُبْحَانَ اللَّهِ وبِحَمْدِهِ عَدَدَ خَلْقِهِ
وَرِضَا نَفْسِهِ وَزِنَةَ عَرْشِهِ وَمِدَادَ
كَلِمَاتِهِ. (ثلاثاً)

'How perfect Allaah is and I praise Him by the number of His creation and His pleasure, and by the weight of His throne, and the ink of His words.'" [Muslim: 2726]

62. **Responding to the one who sneezes:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"When one of you sneezes, let him say, *al-hamdu-lillaah* ('All praise be to Allah'). And let his brother or companions say to him, *yarhamukallaah* ('May Allah have mercy upon you'), and if he says, *yarhamukallaah*, let him say, *yahdikumullaahu wa yuslihu baalakum* ('May Allah guide you and straighten your affairs')."** [al-Bukhari: 6224]

63. **Praying for the ill:** It is narrated on the authority of Ibn 'Abbaas (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* entered upon a man he was visiting, and said: **"*laa ba`s tuhoor in shaa` Allaah* ('No**

harm, purification if Allah wills')" [al-Bukhari: 5662]

لَابَأْسَ طَهُورٌ إِنْ شَاءَ اللَّهُ.

64. **Putting one's hand on a painful area and the supplication:** It is narrated on the authority of 'Uthmaan bin Abee al-'Aas (may Allah be pleased with him) that he complained about some pain to the Messenger of Allah *sallallahu 'alayhi wa salam* that he found in his body since becoming Muslim. He *sallallahu 'alayhi wa salam* said to him: **"Put your hand on the part of your body that hurts and say: *bismillaah* three times and then say seven times: *`a'oodhu billaahi wa qudratihi min sharri maa ajidu wa uhaadhir.* "** [Muslim: 5737]

(i)

بِسْمِ اللَّهِ. (ثلاثاً)

(ii)

أَعُوذُ بِاللَّهِ وَقُدْرَتِهِ مِنْ شَرِّ مَا أَجِدُ وَأُحَاذِرُ. (سبع مرات)

65. **Supplications when hearing the cock crow and seeking refuge with Allah on hearing the donkey bray:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"When you hear the cock crow ask from Allah's grace as it has seen an angel and when you hear the donkey bray seek refuge in Allah from the devil as it has seen a devil."** [Agreed upon: 6920 - 3303]

66. **Supplication during rainfall:** It is narrated on the authority of 'Aa`ishah (may Allah be pleased with her) that when the Messenger of Allah *sallallahu 'alayhi wa salam* saw rain he would say: **"*Allaahumma sayyiban naafi'an.* (O Allah make it a beneficial rain cloudl)."** [al-Bukhari: 1032]

اللَّهُمَّ صَيِّباً نَافِعاً.

67. **Remembering Allah when entering the house:** It is narrated on the authority of Jaabir bin 'Abd Allaah (may Allah be pleased with him) that he said: I heard the Messenger of Allah *sallallahu 'alayhi wa salam* say:**"When a man enters his house and remembers Allah - the Honourable and Majestic - with his entering and eating, Satan says, 'No place to sleep and no supper for you.' And when man enters and does not remember Allah with his entrance, Satan says, 'You've found your place to sleep.' If he doesn't remember Allah when eating, he says, 'You've found somewhere to sleep and have supper.'"** [Muslim: 5362]

68. **Remembering Allah in gatherings:** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that when the Prophet *sallallahu 'alayhi wa salam* said: **"People do not sit in a gathering that doesn't remember Allah or send benedictions upon their prophet except that there is sorrow upon them. If Allah wills He will punish them, and if He wills He wil forgive them."** [al-Tirmidhi: 3380]

69. Supplication for entering the toilet: It is narrated on the authority of Anas bin Maalik (may Allah be pleased with him) that he said: When the Prophet *sallallahu 'alayhi wa salam* would enter where he answer the call of nature he would say: **"*Allaahumma innee a'oodhu bika min al-khubthi wal-khabaa`ith* (O Allah I seek refuge in You from the male and female devils)."** [Agreed upon: 6322 - 831]

(بِسْمِ اللَّهِ) اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْخُبْثِ وَالْخَبَائِثِ .

70. Supplication for strong winds: It is narrated on the authority of 'Aa`ishah (may Allah be pleased with her) that the Prophet *sallallahu 'alayhi wa salam* would say when it got very windy: **"*Allaahumma innee as`aluka khayrahaa wa khayra maa feehaa wa khayra maa ursilat bihi wa a'oodhu bika min sharrihaa wa sharri maa feehaa wa sharri maa ursilat bih* (O Allah I ask you for its good and whatever good is in it and any good sent by it, and I seek refuge in you from its evil and whatever evil is in it and any evil sent by it)."** [Muslim 2085]

71. Praying for Muslims in their absence: It is narrated on the authority of Abu Dardaa` (may Allah be pleased with him) that he heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"Whoever prays for his brother in his absence, the appointed angel for him says, 'Amen and for you something similar.'"** [Muslim 6928]

72. Supplication for calamities: It is narrated on the authority of Umm Salamah (may Allah be pleased with her) that she said: I heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"There is no Muslim struck with a calamity and says what Allah has commanded, *innaa lillaahi wa innaa ilayhi raaji'oon. Allaahumma `jurnee fee museebatee wa akhlif lee khayran minhaa* (To Allah we belong, and to Him we return. O Allah reward me for my calamity and give me something better than it) except that Allah will replace it with something better."** [Muslim 2126]

73. Spreading Islamic salutations: It is narrated on the authority of al-Baraa` bin 'Aazib (may Allah be pleased with him) that he said: The Prophet *sallallahu 'alayhi wa salam* ordered us with seven things [and at the end of them] he ordered us to visit the sick...and spread Islamic salutations. [Agreed upon: 5388 - 5175]

Other Sunan

74. Seeking knowledge: It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he said: The Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whosoever treads a path seeking knowledge on it, Allah will make easy for him a path to Paradise"** [Muslim: 6853]

75. Seeking permission to enter three times: It is narrated on the authority of Abu Musa al-Ash'ari (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Seeking permission is three times. If you are given permission then you can, otherwise return."** [Agreed upon: 6245 - 5633]

76. Putting a chewed sweet morsel like dates in the mouth of the new born (Tahneek): It is narrated on the authority of Abu Musa al-Ash'ari (may Allah be pleased with him)that he said: A boy was born to me and I took him to the Prophet *sallallahu*

'alayhi wa salam. He named him Ibrahim and did *tahneek* on him with a date and prayed for his blessing.[Agreed upon: 5467 - 5615]

77. **Sacrificial feast ('aqeeqah) for the new born*:*** It is narrated on the authority of 'Aa`ishah (may Allah be pleased with her) that she said: The Messenger of Allah *sallallahu 'alayhi wa salam* ordered us to sacrifice one sheep for a baby girl and two sheep for a baby boy."[Ahmad: 25764]

78. **Exposing parts of the body to falling rain*:*** It is narrated on the authority of Anas (may Allah be pleased with him) that he said: Some rain fell on us whilst with the Messenger of Allah *sallallahu 'alayhi wa salam*. So the Messenger of Allah *sallallahu 'alayhi wa salam* took off some of his clothing until is was covered by the rain. We said: O Messenger of Allah! Why did you do that? He said: **"Because it has newly come from its Lord."** [Muslim: 2083]

79. **Visiting the sick*:*** It is narrated on the authority of Thawbaan (may Allah be pleased with him), the freed slave of the Messenger of Allah *sallallahu 'alayhi wa salam*, that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whoever visits a sick person continues to be in the *khurqa* of Paradise."** It was said, "O Messenger of Allah! What is the *khurqa* of Paradise?" He said: **"Its harvest."** [Muslim 6554]

80. **Visiting one another for the sake of Allah*:*** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"A man visited a brother of his in another town and Allah appointed an angel to guard him on his way. When he came to him, the angel said, 'Where are you going?' He said, 'I am going to a brother of mine in this town.' He said, 'Do you have some property with him that you want to check on?' He said, 'No, it is only that I love him for the sake of Allah Almighty.' He said, 'I am the messenger of Allah to you to tell you that Allah loves you as you love this man for His sake.'"** [Muslim6549]

81. **Smiling*:*** It is narrated on the authority of Abu Dharr (may Allah be pleased with him) that he said: The Messenger of Allah *sallallahu 'alayhi wa salam* said to me: **"Never belittle anything from good deeds even if you meet your brother with a smiling face."** [Muslim 6690]

82. **Annoucing one's love for one's brother*:*** It is narrated on the authority of al-Miqdaam bin Ma'deekarab (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"If one of you loves his brother, let him inform him that he loves him."** [Ahmad 16303]

83. **Suppressing yawns*:*** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he said: The Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Yawning is from the Devil. If one of you yawns let him suppress it as much as possible, as when one of you goes *ahhh*, the Devil laughs."** [Agreed upon: 3289 - 7490]

84. **Benefit of the doubt and thinking well of others*:*** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Beware of suspicion, Indeed suspicion is the most untruthful of speech."** [Agreed upon: 6067 - 6536]

85. **Helping one's family with housework*:*** It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he said: I asked 'Aa`ishah (may Allah be pleased with her) what the Messenger of Allah *sallallahu 'alayhi wa salam* used to do in the house. She said: "He used to help with the housework and when it was time to pray he would leave for the prayer."[al-Bukhari: 676]

86. Prophetic pratices of the natural human state (fitra): It is narrated on the authority of Abu Hurayrah (may Allah be pleased with him) that he said: The Messenger of Allah *sallallahu 'alayhi wa salam* said: **"The natural human constitution are five [or five things are from the natural human constitution]: circumcision, shaving the pubic hairs, plucking the armpit hairs, trimming the nails and shortening the moustache."** [Agreed upon: 5889 - 597]

87. Caring for orphans: It is narrated on the authority of Sahl bin Sa'd (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"I and the carer of the orphan are like this in paradise."** He demonstrated with his finger and middle finger. [al-Bukhari: 6005]

88. Avoiding anger: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that a man said to the Prophet *sallallahu 'alayhi wa salam*: "Advise me." He said: **"Don't get angry."** He repeated it a number of times. He said: **"Don't get angry."** [al-Bukhari: 6116]

89. Crying out of the fear of Allah: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that the Prophet *sallallahu 'alayhi wa salam* said: **"Seven Allah will shade on the day there will no shade but His shade...[from them]...a man who remembers Allah in solitary and his eyes overflow with tears."** [Agreed upon: 1031 - 660]

90. Charity of posthumous effect (Sadaqa jaariyya): It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that the Messenger of Allah vsaid: **"The action of man stops when he dies except three things: continuous charity, knowledge that benefits or a pious child who prays for him."** [Muslim: 4223]

91. Building mosques: It is narrated on the authority of 'Uthmaan bin 'Affaan (may Allah be pleased with him) that he said when he listened to the opinion of the people (which was not favorable) when he rebuilt the mosque of the Messenger of Allah *sallallahu 'alayhi wa salam*: You have not been fair to me for I have heard the Messenger of Allah *sallallahu 'alayhi wa salam* say: **"He who built a mosque for Allah, the Exalted, Allah would build for him a house in Paradise."** Bukayr said: I think he said: **"While he seeks the pleasure of Allah."** [Agreed upon: 450 - 553]

92. Flexibility in buying and selling: It is narrated on the authority of Jaabir bin 'Abd-Allaah (may Allah be pleased with father and son) that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"May Allah have mercy upon a man who is easy going when he sells, buys and is required."** [al-Bukhari: 2076]

93. Removing harm from the road: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"When a man walk in a street, finds a thorny branch on the path, puts it aside, thanks Allah for it, He will forgive him."** [Muslim: 4940]

94. Charity: It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) that the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whoever gives a sack of dates from pure earning in charity - and Allah only accepts the pure - Allah will accept it with His right and cause it to grow for it giver, just like one of you let a foal to grow, until it becomes like a mountain."** [Agreed upon: 1410 - 1014]

95. **Increasing good deeds during the first ten days of Dhul-Hijja*:*** It is narrated on the authority of 'Abbaas (may Allah be pleased with him) from the Prophet *sallallahu 'alayhi wa salam* that he said: **"There is no action done in days better than these"** They said: "Not even jihad?" He said: **"Not even jihad except a man who risks his life and wealth and returns with neither."** [al-Bukhari: 969]

96. **Killing domestic lizards (wazghah)*:*** It is narrated on the authority of Abu Hurayra (may Allah be pleased with him) who said the Messenger of Allah *sallallahu 'alayhi wa salam* said: **"Whoever kills a domestic lizard with the first blow will have one hundred good deeds written for him, and if on the second less than that, and if on the third less than that."** [Muslim 8547]

97. **Prohibition to narrate everything one hears**: It is narrated on the authority of Hafs bin 'Aasim (may Allah be pleased with him) who said the Messenger of Allah sallallahu 'alayhi wa salam said: **"It is sufficient as a sin for an individual to narrate everything he hears."** [Muslim 7]

98. **Intending reward by spending on family: It is narrated on the authority of Abu Mas'ood al-Badri (may Allah be pleased with him) that the Prophet sallallahu 'alayhi wa salam said:** "If the Muslim spends upon his family expecting reward for it, it is charity by him." **[Muslim 2322]**

99. **Trotting (raml) during circumambulation*:*** It is narrated on the authority of Ibn 'Umar (may Allah be pleased with father and son) who said: When the Messenger of Allah *sallallahu 'alayhi wa salam* did the first circumambulation, he trotted for the first three and walked for the four others. [Agreed upon: 1644 - 3048]

100. **Persistence on a righteous action even if small*:*** It is narrated on the authority of 'Aa`ishah (may Allah be pleased with her) that she said: The Prophet *sallallahu 'alayhi wa salam* was asked what action is most beloved to Allah. He said: **"The most constant even if small."** [Agreed upon: 6465 - 1828]